ADMINISTRATIVE POLICY 7.06 HEALTH EDUCATION

(1) To meet the requirements of state statutes, and because the Board believes that each person is unique and needs opportunities for reflection on his or her own health and well-being, the Board shall require that instruction in comprehensive school health education be provided within the Milwaukee Public Schools (MPS).

(2) The totality of each student's health education, values clarification, and interpersonal relationships training shall continue to be developed and expanded through a developmentally appropriate, multidisciplinary approach from kindergarten through grade 12.

- (a) In grades K-8, health education shall be taught by the classroom teacher, not only as health situations arise, but also as a distinct subject offering at least each week.
- (b) In a middle-school setting, instruction shall be provided each week or an equivalent amount of time.
- (c) In the high school, health education shall be a required subject taught by a certificated health teacher, and specific health areas shall be offered as electives at various grade levels in the secondary schools. Health education shall be conducted under the supervision of a health teacher certified by the Department of Public Instruction (DPI).

(3) The comprehensive K-12 health program shall contain age-appropriate lessons in the

following:

- (a) human growth and development (HGD)
- (b) sexually transmitted diseases (STDs), Human Immunodeficiency Virus (HIV), and pregnancy prevention
- (c) parenthood
- (d) family living
- (e) mental and social-emotional health and well-being education
- (f) nutrition
- (g) physical activity
- (h) alcohol, tobacco, and other drug abuse prevention topics (see Administrative Policy 7.08)

(4) The comprehensive K-12 health program shall be coordinated with the federally mandated wellness policy (Public Federal Law: PL 108.265, section 204).

History: Codified 1976; revised 8-3-76, 2-6-79, 2-22-95, 06-23-05, 06-29-06 **Previous Coding:** Admin. Policy IGAE, prior to May 1995; Admin. Policy 9.06, May 1995-August 1996 Legal Ref.: W.S. 118.01(2)(d), 121.02(1)(2), 121.02(j); PL 108.265, section 204 Admin. Policy School Nutrition Management **Cross Ref.:** 4.05 Admin. Policy 4.06 Vending Machines Admin. Policy Student Nutrition & Wellness Policy 4.07 Admin. Proc. 4.07 Student Nutrition & Wellness Procedures Health Education Admin. Policy 7.06 Admin. Policy 7.07 **Physical Education** Admin. Proc. 7.07 Physical Education Admin. Policy 7.09 Human Growth and Development Admin. Proc. 7.22 School Fund-raising Activities Admin. Policy 9.08 Advertising in the Schools Admin. Policy School Governance Councils 9.11

 $-\diamond -$