

ADMINISTRATIVE POLICIES OF THE MILWAUKEE PUBLIC SCHOOLS

ADMINISTRATIVE POLICY 7.07 PHYSICAL EDUCATION

(1) GENERAL PRINCIPLES

The Milwaukee Board of School Directors (Board) believes that each person is unique and deserves opportunities to develop an orientation to lifetime fitness. The Board shall require that instruction in physical education be provided within the Milwaukee Public Schools (MPS). Students will be provided experiences to develop:

- (a) the understanding of why it is important to be physically active for a lifetime;
- (b) the skills needed to be physically active for a lifetime; and
- (c) a positive attitude toward being physically active for a lifetime.

(2) SHOWERS AND LOCKERS

a) In all high schools, students shall be provided with towels and requested to take showers on a voluntary basis. Swim classes are not included in this policy. (Note: All students are required to take showers before and after swimming instruction.)

b) If a school has locker-room facilities, students are encouraged to change into physical education attire for hygiene and safety reasons. Students *must* have appropriate footwear (tennis shoes, no sandals, no open-toed shoes, no boots, etc.) to participate safely.

(3) LOCAL, STATE, AND FEDERAL MANDATES

(a) In an effort to ensure that all MPS schools meet state-mandated physical education requirements and the federally-mandated Wellness Policy, the Milwaukee Board of School Directors has instituted the following time allocations for MPS students:

1. a total of 100 minutes of physical education per week for grades 1-3
2. 120 minutes per week for grades 4-6
3. 125 minutes per week for grades 7-8
4. 1.5 credits for high-school students.

(b) A waiver of the physical education requirement may be granted to high-school students, pursuant to Administrative Policy 7.37, Graduation Requirements.

(c) Physical education is considered an academic subject and must not be withheld from a student as punishment. Similarly, students must not be compelled to perform physical activities — including, but not limited to — running laps or doing push-ups, as punishment.

(d) State statutes require that, in grades K-6, all students should receive three days of physical education per week by, or under the direction of, a licensed physical education (PE) teacher. When a licensed physical education teacher cannot be scheduled to see students for the required amount of time, it becomes the responsibility of the elementary classroom teacher to meet the remainder of the state's requirement. Elementary classroom teachers are encouraged to work with their physical education specialists in order to provide lessons that complement the district-wide physical education pacing guides.

(d) Principals are responsible for monitoring the scheduling of elementary, middle-, and high-school physical education classes to ensure that all students receive the appropriate amount of instruction and physical activity required by state statute and administrative policy.

(e) Each school must develop a schedule by which teachers may use the gymnasium on a regular basis in order to comply with Administrative Policy 7.07.

(4) MONITORING AND EVALUATION

Annually, in August, a report shall be made available to the Board on the district's physical education program and on the efforts to encourage physical activity and wellness in schools.

History:	Adopted 6-29-82; revised 6-27-84, 3-29-95, 06-29-06, 5-31-18		
Previous Coding:	Admin. Policy IGAF, prior to May 1995; Admin. Policy 9.07, May 1995-August 1996		
Legal Ref.:	W.S. 118.01(2)(d), 118.07, 119.22; PL 108.265, Section 204		
Cross Ref.:	Admin. Policy	4.05	School Nutrition Management
		4.06	Vending Machines
		4.07	Student Nutrition & Wellness Policy
		7.06	Health Education
		7.07	Physical Education
		7.25	Class size
		7.09	Human Growth and Development
		9.08	Advertising in the Schools
		9.11	School Governance Councils
	Admin. Proc.	4.07	Student Nutrition & Wellness Procedures
		7.07	Physical Education
		7.22	School Fund-raising Activities